

MILLVILLE PUBLIC SCHOOLS MEMORIAL SCHOOL LUNCH MENU SEPTEMBER 2015



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include skim milk, 1% white and skim chocolate.

School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
REMINDER Please turn in your completed lunch application as soon as possible	Fresh Fruit Available Daily	Burger Bar Sautéed Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Green Beans	Nacho Bar Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Corn	Pizzeria Style Pizza Tossed Romaine Salad Garbanzo Bean Salad Fresh Fruit Fries
SCHOOL CLOSED (7	Cheese Steak Bar Sautéed Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Seasoned Carrots	Chicken Fajita's Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Green Beans	"Chicken Bowl" Popcorn Chicken Over Mashed Potatoes/Gravy/ Cheddar Cheese and Corn 100% Fruit Juice Cup	Buffalo Pizza or Plain Pizza Tossed Romaine Salad Fries Seasoned Peas Fresh Fruit
Chicken Cheese Steak Fries Spinach Homemade Three Bean Salad	Meatball Sandwich French Fries Tossed Romaine Salad Peas	(16 Chicken Parmesan Over Pasta or on a Bun Steamed Broccoli Fresh Fruit	(17 Nacho Bar Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Corn	Toasted Cheese Sandwich Tomato Soup Fries Carrots
Chicken Fajita's Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Corn	(22 Homemade Baked Ziti with Meatballs Tossed Romaine Salad Homemade Three Bean Salad Green Beans	Popcorn Chicken or Chicken Tenders Mash Potatoes With Gravy Peas Dinner Roll	Homemade Sloppy Joe On A Kaiser Roll Homemade Macaroni And Cheese Spinach	Buffalo Pizza or Plain Pizza Tossed Romaine Salad Fries Carrots
Chicken Cheese Steak Lettuce and Tomato French Fries Steamed Broccoli	Burger Bar Sautéed Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Seasoned Carrots	(30) Hot Ham And Cheese On A Pretzel Bun Tomato Soup Fries Green Beans	Millville Public Schools now offers <i>Myschoolbucks.com</i> an online payment and cafeteria information source.	Choose My Plate.gov

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN PATTIES